

# How to Get Involved

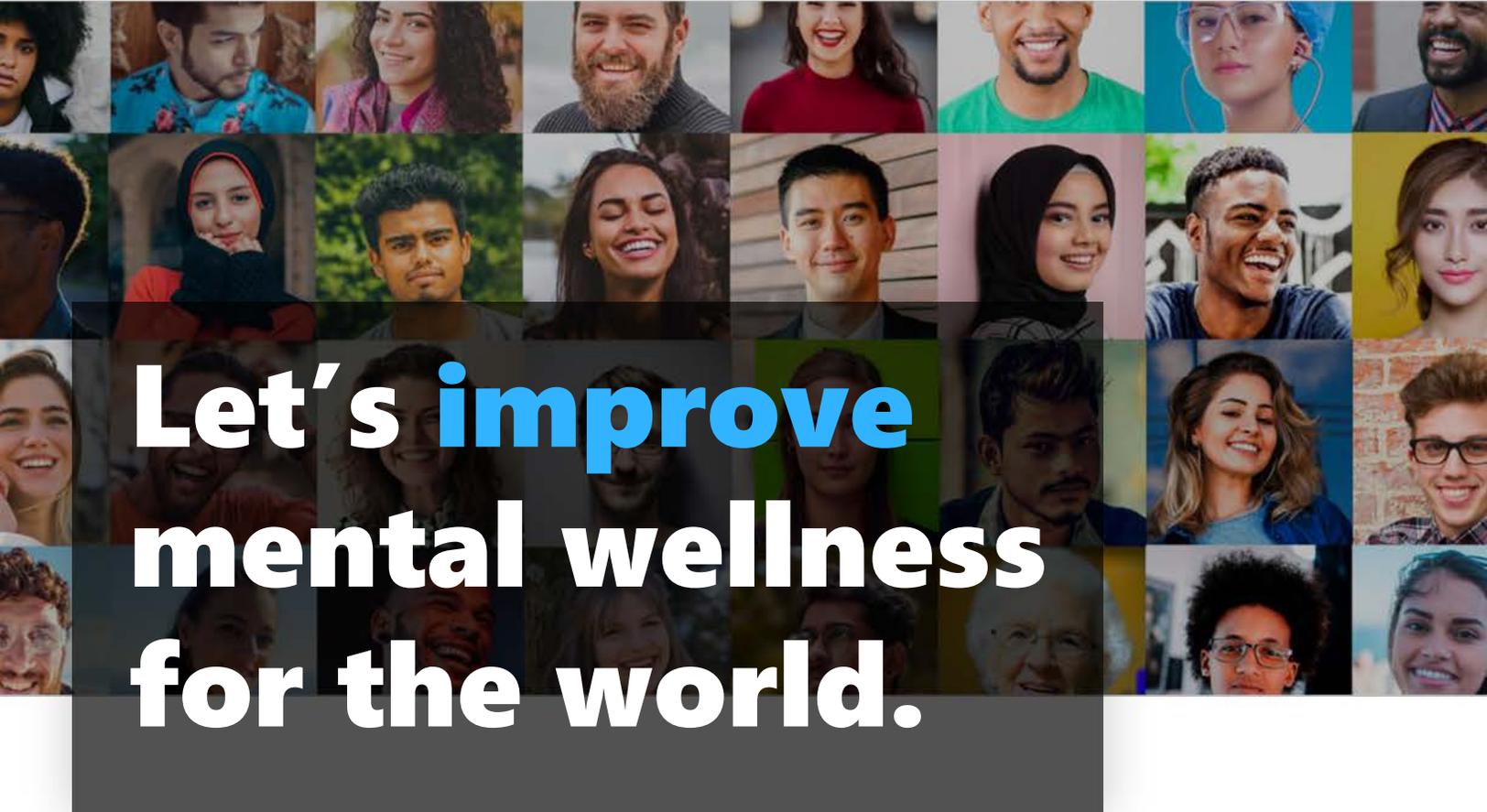
A not so white paper on how to take a stand against mental illness.

**Let's improve  
mental wellness  
for our future.**

- Overview of mental illness
- The current issues
- Resources available
- Free education
- How to make an impact

# How to Get Involved

A brief summary of how to get involved in the mission to promote mental wellness.



**Let's improve  
mental wellness  
for the world.**

- ✓ Education about a problem that is affecting millions of people
- ✓ Available resources designed to help people in need
- ✓ How to find a direction and take action
- ✓ Opportunities to improve mental wellness in your community
- ✓ Create a plan a plan of action

# Why Mental Health?

Why not share the gift of happiness with those you care about?



**Because we  
care about  
each other.**

## THE MISSION

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To promote mental wellness using the most effective technology, research, and education.

## THE WHY

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Money is important, family is important, but without the mind, we can easily lose it all. Too many people across the world live day to day with internal struggles. We believe that everyone deserves to live fully, uninhibited, and thrive the way they were born to thrive.

# The Effect of Mental Illness

The role that mental health plays in our lives and our society.



**If we think better,  
we feel better.**

**If we feel better,  
we do better.**

Mental health affects the decisions we make, and how we feel about ourselves and others. It can be the difference between a successful world class athlete, and a homeless person battling a heroin addiction. Mental health is the difference that could make someone become like the serial killer, Marilyn Manson, or become like the freedom fighting advocate of peace, Martin Luther King Jr.,

We are all born with a set of genetics that shape how we look, but it is how we treat our mind that determines how we act. This is developed through our daily practices and habits. Unfortunately we were never taught how the mind works, how it resolves stress, how it resolves emotions, how it even performs physiological functions such as removing 3lbs of toxins from your brain every year. Without the proper education, we leave the health of our mind, and the success of our efforts to chance.

# What is Mental Health?

Where it comes from, and how it plays a role in our lives.



Mental health is defined as your state of emotional, psychological, or social well-being. There is a very important overlap with biological health and mental health, being that if one has diabetes, the issue may be deficient pancreas, but the effect on the mind may be that they become irritable or lethargic. In this case diabetes is not a mental health problem, but the irritability or lethargy caused by the diabetes are factors of poor mental health; and if left untreated, can potentially lead to mental illness. Even though most diseases affect the mind in some way, this is the main differentiating factor between an illness and mental illness. Some mental illnesses are purely mental such as schizophrenia or psychosis, as there is no apparent physical sign of these conditions.

For these reasons, it can be difficult for people, even doctors, to suitably address mental health issues. We might hear the phrase “it’s all in your head”. But so what if it is? If something is not working, the seriousness of the issue doesn’t change depending on where the brokenness came from. If you get a nail in your tire, does it matter where exactly the nail came from? No matter where the nail was from, the tire is still flat.

Mental health issues may arise from psychological trauma, poor functioning organs, lack of sleep, drug abuse, or brain injury. In any of these cases, people can look perfectly fine, but may experience difficulties processing relatively tasks such as controlling emotions, verbal processing, maintaining consistent thought patterns, problem solving, or memorizing. Being that we live in a society that values people primarily based on their cognition and strategy, having a deficit in any of these areas can lead to people feeling undervalued by their peers and community.

# The Issue

Why does mental illness even exist?



**1 in 6 people  
have a chronic  
mental illness**

We have so much technology and so many trained professionals in the world, but why are still so many of us still sick? If we had it figured out, then sickness would be quite rare as opposed to something nearly 20% of the population deals with every day.

There are many theories as to what is causing this modern day epidemic such as depleted soils, lack of sun exposure, heavy metal and carcinogenic contaminants in our environment, modern societal pressures, technological adaptations... all of which did not exist more than a couple hundred years ago.

These may be important factors, but regardless of the cause, the plan of action does not change. We need to use the technology we have to change the lives of as many people as possible, as soon as possible.

# The Impact

The devastating consequences of mental illness.



**\$16,300,000,000**

**Cost of mental illness  
on a yearly basis**

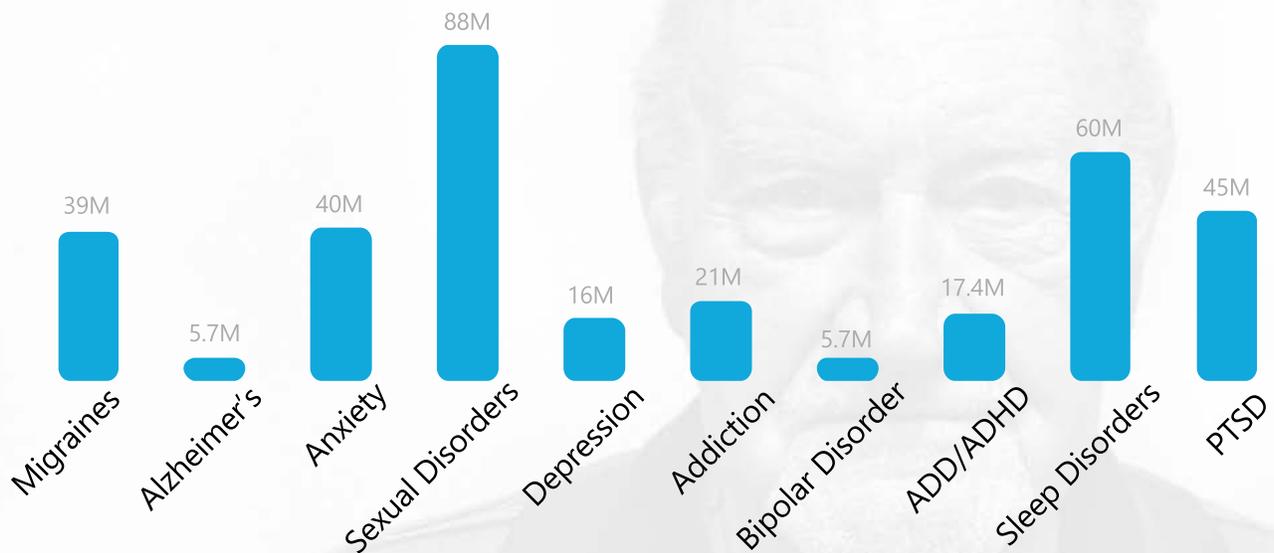
Of the main issues in the world such as heart disease, corruption, and violence, there seems to be one very prevalent issue which is mental health. It would be difficult to measure the impact of insufficient mental health, but here are a few consequences we have seen in our society.

- Mental disorders
- Bad relationships
- Corruption / Greed / Crime
- Domestic violence
- Loss of productivity in the workplace / lower GDP
- Higher suicide rates
- Drug / alcohol addiction
- Increase risk for other diseases

# The Culture

The cultural situations and relevance of mental health.

Number of People in the US with Various Mental Disorders (In Millions)



Do these numbers seem higher than you had thought? Possibly because the topic of mental illness is quite taboo in our society. "Mental illness" isn't really the cool topic around friend circles and if something does come up, the usual responses are "Time will heal.", "Eh, it's not a big deal." or "Sorry to hear that, wanna grab a beer?". These are all said with good intentions, but unfortunately, it is not often that our friends are capable of resolving chronic mental health issues. This is due to the fact that we lack the

language and the education around mental health. Do you remember taking Mental Health 101 in school? Neither do we. So it is time to disrupt the status quo and take a proactive approach in one's own mental wellness, and possibly the mental wellness of others.

Even though you hadn't seen it, or you didn't hear it, the reality is that 20% of your community is dealing with something internal right now, and they may not know how to fix it, or even talk about it. It could even be the people you love most like your colleagues, friends, your family, or even your cat. Actually, cats certainly have mental issues. You can share mental wellness with them too.

# The Age

The age groups that mental illness affects.

## The Prevalence of Any Mental Illness by Age in the U.S. (2017)

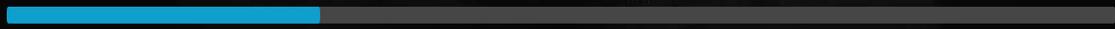
**13-18** Adolescents 49.5%



**18-25** Young Adults 25.8%



**25-49** Adults 22.2%



**50+** Elderly 13.2%



Every year that passes, mental illness is affecting more and more of the younger population. Teens who have a mental illness are 2x as likely to start abusing alcohol or drugs[1]. Who is to blame? Nobody. Because blaming doesn't get anywhere. Instead, we just need to focus our efforts in educating parents and children the basics of mental hygiene and offer them programs, educational opportunities, and our support to help them direct their lives in a constructive path.

By the numbers above, it looks like most people wait until they are older to shift their lifestyle to that of wellness. But it doesn't have to be this way. What would these charts look like if we instead resolved all mental illness by the age of 12? What would the world be like?

\*\*<https://www.nimh.nih.gov/health/statistics/mental-illness.shtml>  
[1]<https://www.ncbi.nlm.nih.gov/pubmed/27015718>

# Clarifying the Issue

Are we confusing undesirable character traits with mental illness?

**930,000,000**

**People still in  
need of  
treatment**

As you can see, the statistics show that mental illness is a very big problem. But is it too big to be reasonable? Are these people that are whining about their character flaws? Hasn't humanity always had issues with thinking since the beginning of human civilization? Isn't it natural that in any group that some people will be smart, some will be dumb, some will be happy and some will be sad? Yes, these are all very "normal" things. But just because we grew up in a society that makes mental illness a new norm, doesn't mean it is the way it should be.

# The Cause

Why is mental illness so prevalent in our society?

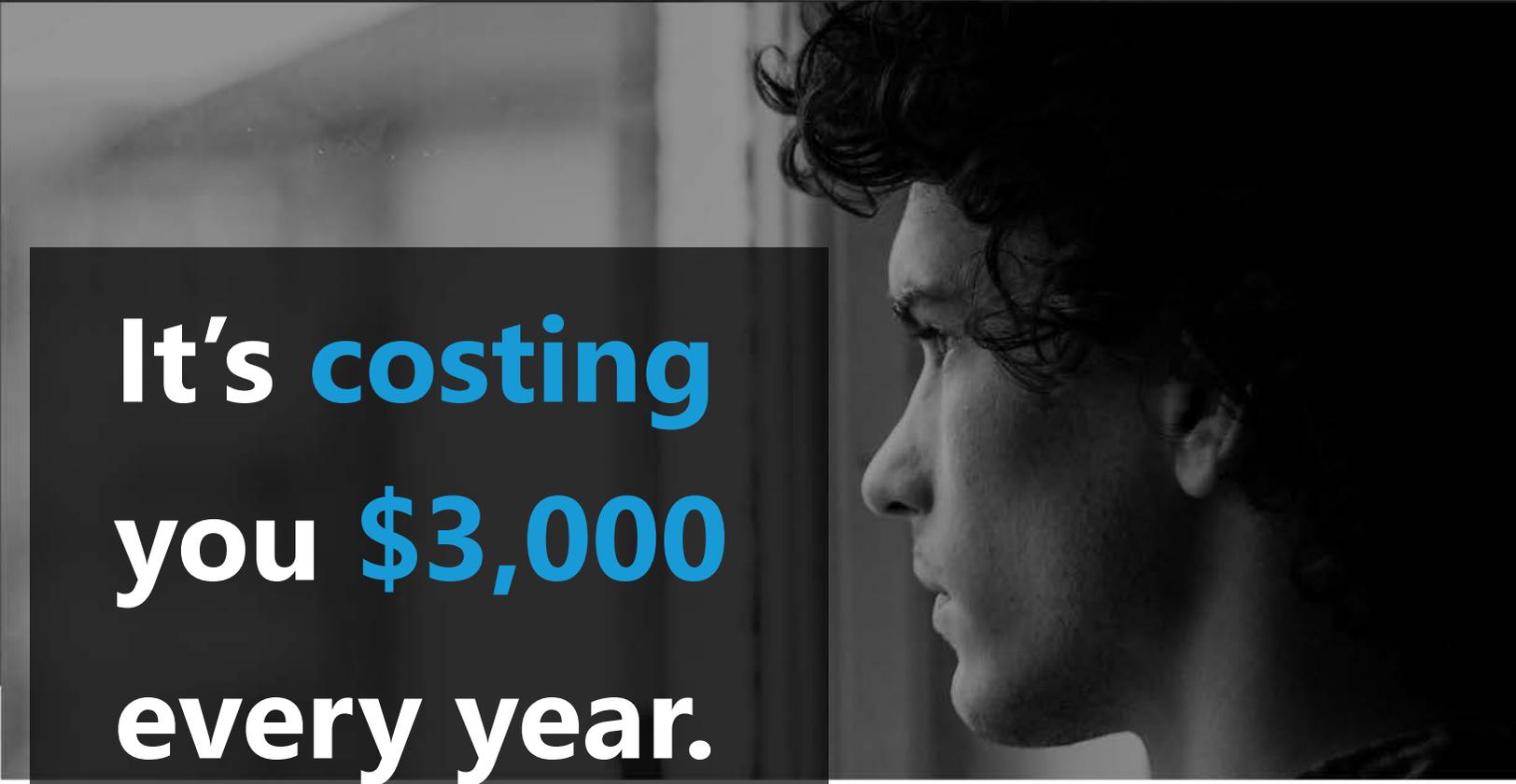


With the amount of resources available in this world, how many technological innovations we have made, with a labor force of over 3 billion people, we have the ability to clothe, shelter, feed, and fully heal (mentally and physically) every human being on earth. However, our society is set up based on industrialization and capitalistic imperialism rather than social benefit. Companies are rewarded for meeting the demand of those that hold the most money. Therefore most of our innovation, human capital, and resources go towards making bigger, fancier things. A company like SpaceX, led by famous entrepreneur Elon Musk, with all their brilliant minds and financial resources could create programs to solve mental illness for an entire continent, or they can build single day space vacations for the wealthy class. Unfortunately mental health keeps getting put last behind rockets, cars, gadgets, casinos, video games, and the list goes on.

The reality is that we are looking to live a happy and quality life. Oprah (a major advocate of mental health) once said “We have enough technology and it hasn’t made us any happier. What we desperately need is better leaders.” What Oprah was implying when she said “leaders”, was mentally healthy people that can direct our society in a utopian direction where we put the well-being of people before profits. Only with healthy, and mentally healthy people can we, as a society, make better decisions; better decisions when it comes to climate change, politics, the criminal justice system, food distribution, economic development and all other societal problems. If we can take better care of ourselves and how we think, we can better take care of the people and the world around us; but it all starts in the mind.

# The Importance

Why should we invest into the mental health of ourselves and our community?



**It's costing  
you \$3,000  
every year.**

On average in America, each taxpayer spends about \$3000 a year towards taking care of the mentally ill. This is the quantifiable number related to mental health expenses. But any number, no matter how large, isn't a good reflection as to the pain and suffering that no living thing should have to go through.

What is really interesting is that mental illness has pervaded every demographic, race, religion, community, and society in the world. Statistically about 70% of everyone you know is dealing with a mental health issue of some kind, and that about a quarter of those people have a registered chronic mental health condition.

Our community is suffering. Our friends are suffering. Our family is suffering. When is it an appropriate time to end the suffering of those we care about? When is it not our top priority to help others?

# Why aren't the current solutions working?

What current methods are people using to fight mental illness and are they working?



**930,000,000**

**...people still  
in need of  
treatment.**

People not feeling well is nothing new. It has been around as long as people have been around. If we were to look at the data from modern times with some common sense, one might ask, "If what we were already doing is working, then why is our population increasingly ill?" There are really only two answers to this. The first is that the solutions are working to the best of their capabilities. The second answer is that the current measures are still unable to address the huge majority of the population despite their best efforts.

To get to a point of resolution, we must focus on one thing: effectiveness. A truly effective solution will heal people for a lifetime in the easiest way. Let's go over the top 5 ways people resolve their mental health issues, and why they have not been effective for the 930 million people on our planet who are still fighting mental illness.

# Management vs. Resolving

What current methods are people using to fight mental illness and are they working?

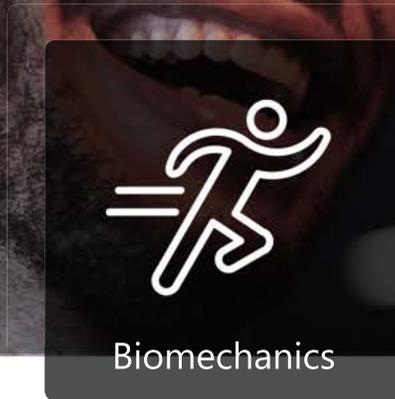
There are many degrees of mental illness. For some, they may not wake up as energetic as they used to, and for others they may not even be able to hold a basic conversation. So the severity of mental health issues can vary a lot as well as the level of effectiveness needed in a solution. Some people may get healed from a long and deep conversation with a good friend, others may go to the best trained therapists for decades and never recover. Therefore, solutions to mental illness also need to vary drastically. Fortunately, there are already many options.



You may be thinking “Well it seems like there are already a lot of programs out there, so let’s put our trust in the trained professionals and get back to watching the game.” Understandably taking care of the mental health of others isn’t the most entertaining thing to do. It can also seem daunting to think how we could create a solution to such an intangible concept. If a leg is broken, we brace it. If someone gets cancer, we deliver immunotherapy drugs. But if someone is schizophrenic, what do we do? The most common solution is to incarcerate the mentally ill and numb their feelings with physically and psychologically damaging drugs. Why? Because we still don’t really know how to solve the underlying issues; and until then, this is a way to more easily manage people. However, we want to talk about solutions that don’t just help us manage unmanageable people, but rather make people feel and think well, without medical procedures or medications, so that they can manage themselves.

# A Better Solution

What makes an effective solution, and is it practical?

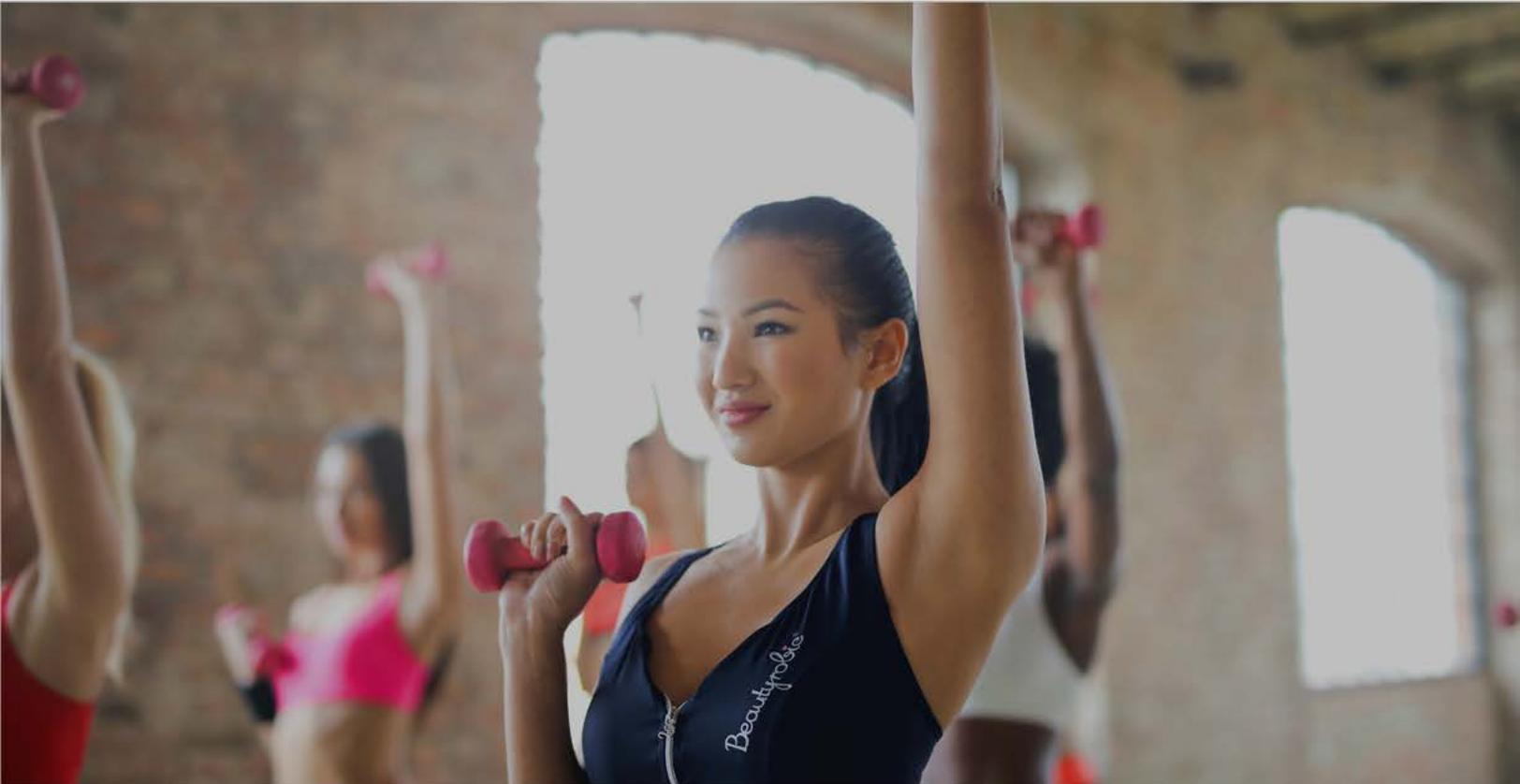


The first part of creating a better solution is to do a good job defining the problem. There are 4 fundamental elements that support mental health: physiology, biomechanics, lifestyle choices, and thought patterns. The presupposition is that if all of these are well, then mental health will be well, and if there is a major problem in any of these 4 areas, then mental health will be poor. So, if we create an effective solution for mental well-being, it must provide improvement in each of these four areas.

Nootripure's approach is to create nutraceutical based medicines that improve the physiological component, while providing the educational MiindHealth programs that cover how to improve biomechanics, lifestyle choices, and psychology based tools to help resolve mental health issues. We make the MiindHealth programs free along with the entire Nootripure University to our members so that people can get the information they need to improve their mental well-being and performance. This way every member of the Nootripure Foundation will have access to effective and science backed solutions in physiology, biomechanics, lifestyle choices, and psychology, and a means to improve their mental wellness once and for all.

# Proactive vs. Reactive

What are the advantages of using a proactive solution to mental health?



The major issue our society is facing now is that it is 10 times easier to prevent mental illness than it is to recover from mental illness. However, individuals, and our society as a whole, has no problem spending hundreds of thousands on treating mental health conditions once they have occurred, but we often neglect the 15 minutes, or few dollars a day to keep mental health issues from occurring in the first place. If our society continues to take a reactive approach to dealing with mental health, we are going to exhaust all our resources and will likely never be able to solve the issue. This is why we must create solutions that are proactive in nature. For example, following our Sleep Better program costs less than \$5 a day, but the average cost of dementia treatment is \$600,000 and is often irreversible. Everything we create can be used reactively or proactively, but we need to invest in proactive solutions before the problem exacerbates in order to achieve a mentally healthy society.

# Self-directed vs. Institutional

What are the advantages of taking responsibility of our own health?



When our government provides programs only for rehabilitating the mentally ill rather than promoting good mental hygiene, people will feel that mental hygiene has little significance and that they have a safety net so that no matter how much they drink, how little they sleep, how poorly they maintain their health, that the government or medical system will fix them. This imbalance in the way the mental health industry has been constructed has led to a very common underlying yet reckless belief in our society that we hold on a subconscious level. However, this thinking is not going to lead to a workable life for the individual. Therefore, we each need to take responsibility and care when it comes to our mental health.

But up until now, there has been little information or guidance as to how to actually do that effectively and practically in one's life. This is why we make the MiindHealth programs easy to use and easy to integrate into one's lifestyle. These programs are not about being healthy. There is no special cleanse, amazonian fruit, or miracle pill that will solve your issues. They are simply information based guides that help one make informed decisions about how to best optimize their mind given their current lifestyle as per the best and latest knowledge from the field of integrative neuroscience.

# Manage vs. Resolve

Why should we stop “managing” our illnesses?



# Resolve.

Many of the current solutions are designed to help people manage their illnesses. But for us, that simply isn't good enough. They have medications that can make you feel sedated rather than anxious. The anxiety is managed, but it will continue as soon as the medication stops. This is not resolution, this is pacification. Suppose you get flat tire on your vehicle, and you pull out the little donut tire from the back so that you can at least make it to the nearest gas station. When you get to the gas station, will you ask the mechanic to put on another donut tire, or would you want him to put a perfect condition original tire back on the car? Medication is a great place to start but a horrible place to end. A real solution will make it so that it is as if the issue were never there in the first place. This is why every product created by Nootripure is designed to work well enough so that eventually the person doesn't need the product any longer. The only real solution is one that is eventually no longer needed.

# Stop hoping. Start fixing.

The difference between hoping for better versus actually doing better.

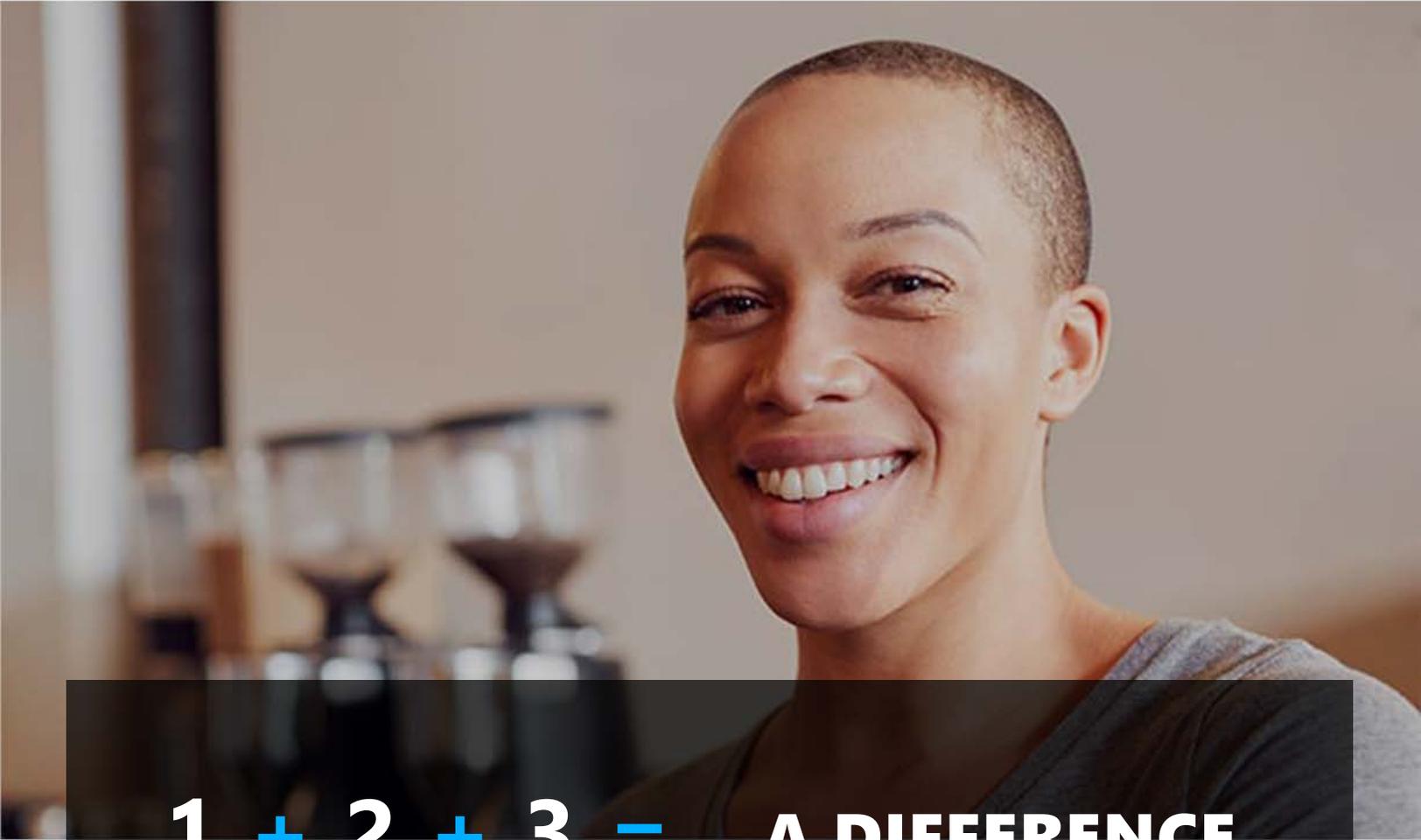


Taking vitamins, getting acupuncture, engaging in psychotherapy are all great things to do, but one has to self-evaluate to determine the benefit they are bringing. Sometimes there is a “hope” that if we eat such things as more antioxidants, or a plant based diet, or a ketogenic diet, or this or that diet, that somehow our health issues will go away. This is simply a marketing mind-trap. Not that there is anything wrong with eating vegetables or antioxidant rich foods, but often companies trying to profit from their health products or diet plans that their products will solve our health issues. Then we begin to psychologically rely on these things in hope for resolution. In reality, there is no product or formula that will solve the problem.

The truest solution is to try many professionally recommended things, and see what works best for you. For example, you may notice that a high vegetable diet gives you more energy, but it doesn't necessarily mean you need to be vegan. By benefitting from a company's health product, such as the Nootripure nutraceutical products, doesn't mean that you shouldn't take other nutraceutical products (we see this thinking commonly with the MLM industry). And in fact, the Nootripure products work better when combined with other healthy products. By creating self-imposed restrictions, we limit the available tools we need to fix our problems permanently. Self-evaluation, reflection, and direction is the core of the MiindHealth programs, and should be the guiding philosophy of anyone looking to improve their health.

# Get Started Now

Three easy and actionable steps to getting started as an ambassador of mental health.



**1 + 2 + 3 = A DIFFERENCE**

Now let's take these principles and put them into action. The only way we can actually make a difference in the world and the lives of others is to take practical and effective steps toward improving mental health. In the following pages we provide 3 easy steps that will help you become an ambassador of mental health.

# 1. Get Healthy

Take care of yourself first so that you can help others.

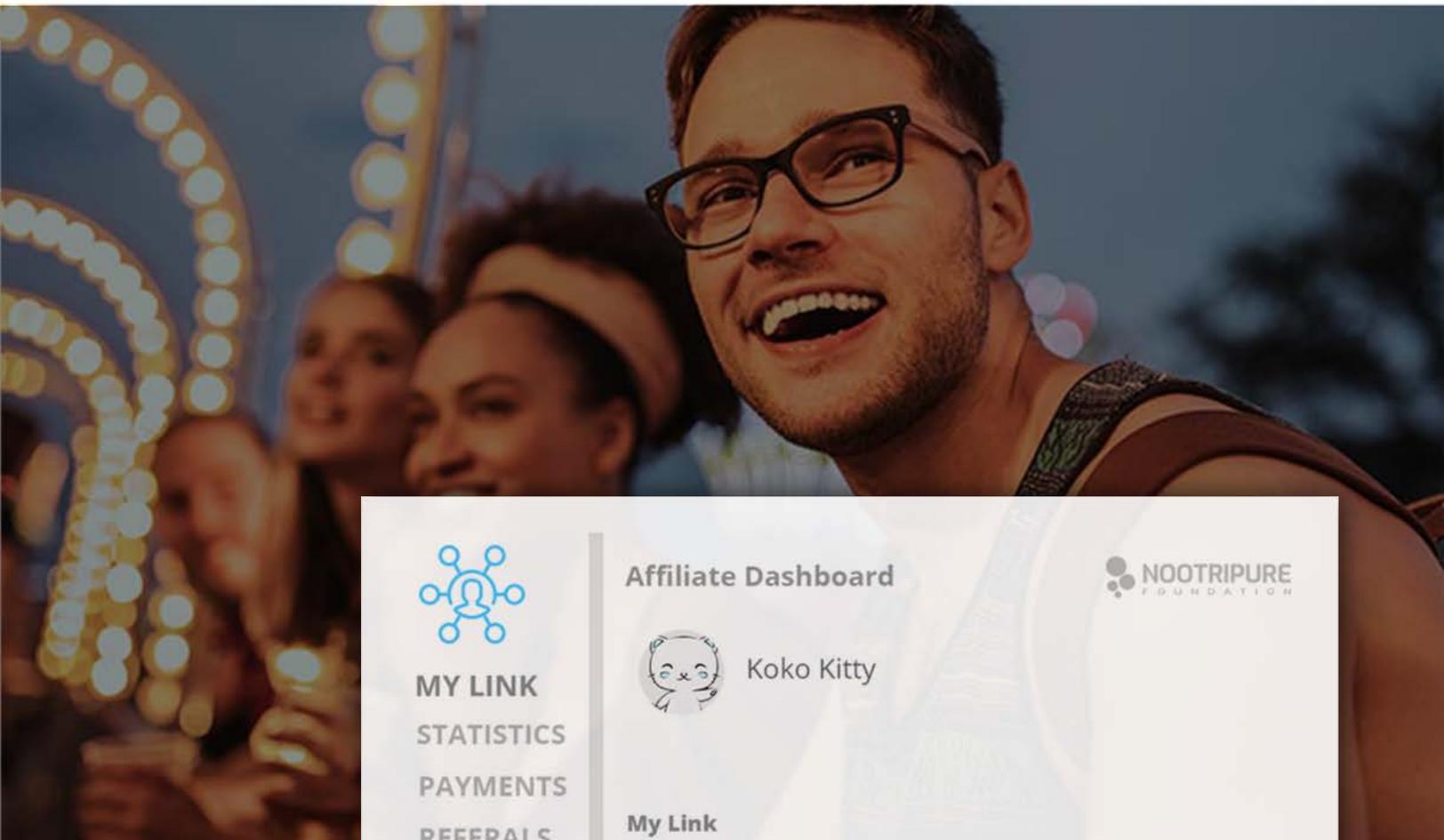


So now that you understand a lot of what is holding us back from achieving the level of health that we desire, and how to identify effective solutions, what can we do now to make an impact in our health and the lives of others?

The first thing should always be to make yourself healthy. Only once you are feeling and thinking well will you have the motivation, understanding, and clarity to help others. Furthermore, it is your story, your transformation that will help inspire and encourage others that are in a similar situation as to what you were going through.

## 2. Get Your Community Healthy

Help your friends and family feel better and live better.



A screenshot of the Nootripure Affiliate Dashboard. On the left is a vertical menu with icons and text: 'MY LINK', 'STATISTICS', 'PAYMENTS', 'REFERRALS', and 'SETTINGS'. The main content area is titled 'Affiliate Dashboard' and features the Nootripure Foundation logo in the top right. Below the title is a profile card for 'Koko Kitty' with a cartoon cat avatar. Underneath the profile is the text 'My Link' followed by the URL 'https://nootripure.com/?p=koko'. To the right of the URL is a 'COPY' button with a hand cursor icon pointing at it.

Once you have improved your health, then it is time to start helping others. We understand that talking about serious topics such as mental health isn't easy. It isn't exactly the sexiest topic that will impress your friends either. So we made it easy to do via the Nootripure ambassador program for our community members. We encourage every member of the Nootripure foundation to be an ambassador of mental health. What that means is that by being a member of Nootripure, you are given a huge amount of educational resources that you can share free with friends. By sharing via your personal link (attached to the bottom of every content page) you will not only open your friends up to a wealth of information about how to improve their mental performance and well-being, but also be rewarded by getting discounts and free products that you can use to improve your own health. It is fun, and the perfect win, win, win situation.

# 3. Help the World

Help the world through the Nootripure initiatives.



The thing about mental health is that it is quite a taboo topic. Let's just say, its not the topic that will make you the life of the party. So then how do we open conversations about mental health in a way that isn't too upfront and awkward? That is why we created the Nootripure University and MiindHealth™ programs. If you see something on the site that is interesting, maybe others will think it is interesting too. So just share the content, and later get their opinion on it. Out of all your friends, it is probable that one at this moment is "on the edge", and starting this conversation with them might just be the change that keeps them safe. It might sound like an insignificant task for a big mission, but we don't know your friend, and the only way your friend is going to open up is through you. Even if one person is saved, is it worth your involvement?

You would be surprised at how many stories we hear of lives being changed because the people heard about Nootripure through a friend. We like to encourage this by making so that for everyone that you refer, they will get a discount from using your coupon code attached to your link, you will get credit applied to your account, both you and your friend will become more well-educated and healthy, and the money earned by Nootripure will go toward furthering the mission, initiatives, outreach and research of the Nootripure Foundation to create a better world for everyone.

# Small Change, Big Difference

How a few minutes and a few dollars a day can change your world.



For any normal person, like us, we are all operating with very little money and time left over for anything else. But they say “where the heart goes, money flows”, meaning, that if we prioritize mental health in our life, our expenditure of money and time will go there. We ask that one invest about \$5 and 20 minutes a day into their mental health. You would be surprised at how much improvement one can see in their life with just this small of an investment. Considering that your mental health is the most important thing in your life, this shouldn’t be too difficult to come up with.

It is extremely difficult to get more money or especially more time. So instead of trying to come up with more, try just redirecting the spending from a few things that aren’t ultimately serving you as much as maintaining your mental performance. For many people, their alcohol or coffee budget alone is multiple times that as needed to be on the Nootripure autoship. If you don’t drink alcohol or coffee, then think about other things in life that you can put mental health over in terms of priority such as the time or money you spend on video games, late night outings with friends, eating out instead of cooking at home, buying extra shoes or clothing, or even other health products that may be covered or no longer necessary when using the Nootripure MiindHealth programs. This can give you that little extra time and money a day to engage in the MiindHealth programs. Obviously the more you put into the programs, the more you will get out of them.

# Make Mental Health a Priority

How putting mental health first resolves all other issues.



The World Health Organization stated that for every dollar invested in mental health, there was a \$4 return on investment. This was mainly referring to mental health investments made by governments, but if we apply the same principle to how we govern our lives, the statistic given should be relatively similar. We don't invest in real estate with the intent to lose money, we invest to make money, right? The same goes with mental health. How much will you get in return when you wake up with energy, you're clear minded throughout the day, you're confident in every situation, and you easily solve every problem at work? Will you get that promotion? Will your business take off? Will your relationships improve? Undoubtedly, every area of your life, including finances, will improve with better mental health and performance. Hopefully that isn't such a stretch for you to believe as we have heard countless stories of such things happening for our community members. We understand that there are many important things that you could spend your money on, but ask yourself if there is anything that will give you a bigger return than investing into your own vitality and mindset.

# Why Nootripure

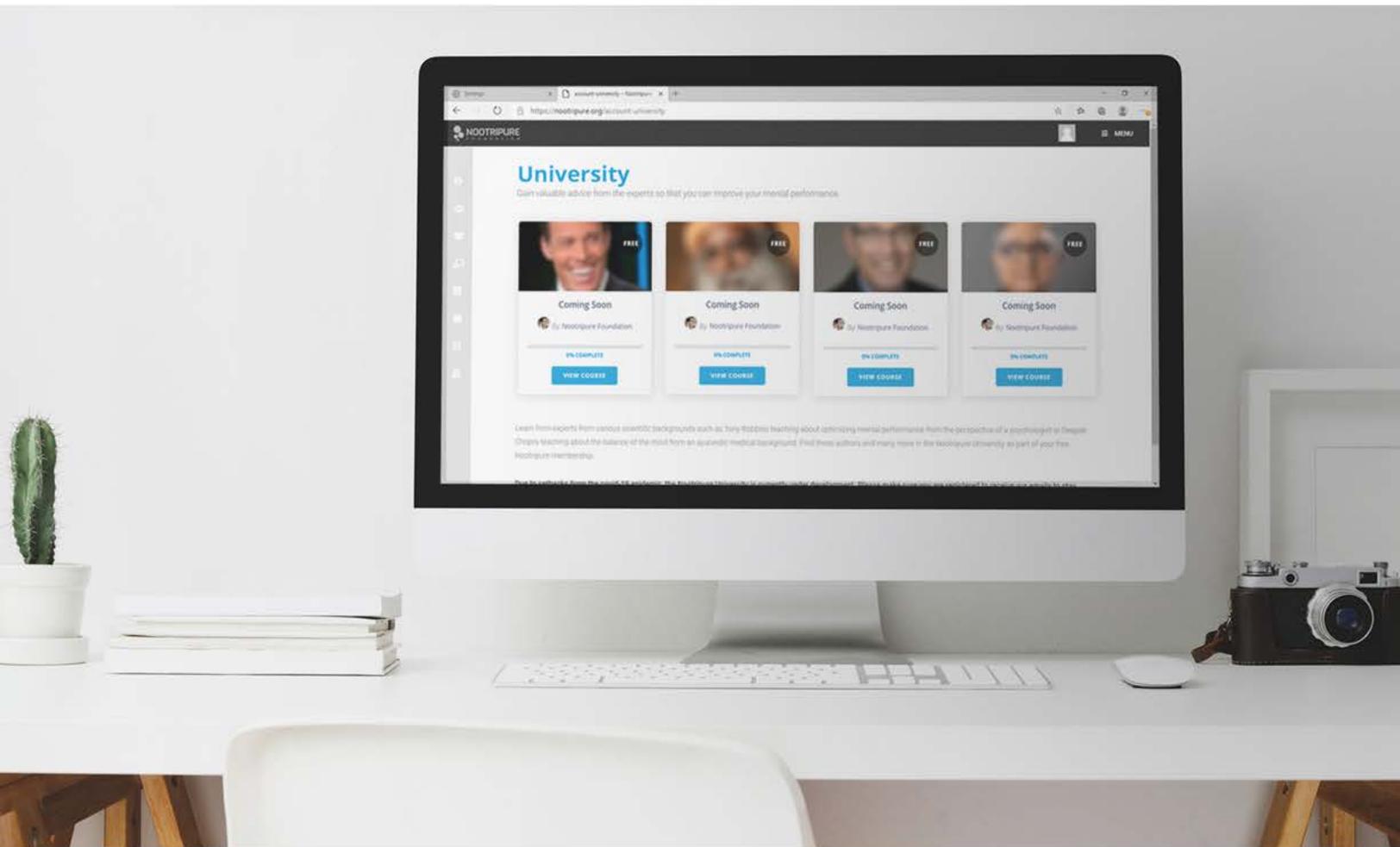
We are solving the problems you want solved.



If you have read this far, then hopefully you are interested in supporting mental health. Whether it is solving the issues with your own mind, or solving issues for others across the world, we are actively here, ready, and already taking care of it. If you are in a place to give financially, we accept tax-deductible donations. If we got a dollar from every person who reads this ebook, we could fund the research that is needed to create a break-through technology that might just save millions from mental illness. So if you feel called to give a dollar, please do so. If \$5, better. If more, great. We operate as a non-profit so we rely upon donations to further our mission and keep the Nootripure products as affordable as possible as well as provide free educational resources. There is no expectation to give as the only expectation we have is that each member of the Nootripure community take responsibility for their own well-being and prioritize their mental health above all else (God and religion fit into our use of the term mental health here). If you can do that, then you are perfectly suitable to be part of the Nootripure community, and together, we will provide mental wellness for the world.

# Mental Health Resources

Thousands of resources, one place, for you, for free.



To get started on your journey, please create an account at [nootripure.org/login](https://nootripure.org/login). After creating an account you will be redirected to your dashboard. Alternatively, you can log into your dashboard where you can manage your University subscription, orders, referrals, and donations. From there, press the University tab in the menu to go to the University page where you can learn more about available resources for better mental wellness and optimal mental performance including other non-profits that offer free mental health services, government resources for mental health, companies helping fight the war against mental illness, and useful advice from experts in the field such as psychologists, neuroscientists, doctors, and even thought leaders like Sahd Guru, Tony Robbins, and Gary Vanyerchuk.

# 6 Steps to Get Started

Fun, easy, actionable steps to getting started as an ambassador of mental health.

1

## Create an Account

Simply go to [nootripure.org/login](https://nootripure.org/login) and select either Facebook or Google to create an account. Once logged in, you will be automatically redirected to your dashboard. There you can find everything you need to manage your activities with Nootripure.

2

## Learn from the University

Once in your dashboard, click on the University tab in the menu on the left. From here you will be able to see the list of available courses, discussions, topics, and the Nootridex: an index of hundreds of cognitive enhancement supplements, nootropics, herbs and medicines.

3

## Download the App (Available 2021)

Search "Nootripure" in the app store and download the Nootripure app. From here you can access the MiindHealth programs and let the app be your sidekick in fighting the war against mental illness.

4

## Improve Your Life

Try the MiindHealth programs and/or the Nootripure products to start improving your mind and your health.

5

## Share with Others

After experiencing the benefits of superior mental health, it's only natural that you will want to share with others. So make sure you get credit for your efforts by using the link in the share section of your dashboard. Plus, your friends will thank you for the \$20 discount that your link automatically applies to their account when they sign up.

6

## Donate

Share the value of mental health with the world, especially those less fortunate, by donating to our cause. In the donation section of your dashboard, you can manage your previous donations, get necessary tax information, and make new donations.

# The Nootripure Products

Learn more about the products that are changing the landscape of mental health.



The reason we created the Nootripure products was to get something in the hands of the people that would actually make a noticeable difference in their mental health. Everywhere you look, you will find something that will stimulate you and make you feel great for half a day or so, but leaving you drained, tired, and worse off in the long run, or you will find a vitamin or herb that will help over the course of years without much noticeable effect on one's mindstate. But nowhere can you find something that is going to help you feel and think well now, while building long term brain health. For this reason it was important to start off by giving people something that they can do each day to help them feel good now and improve their mental health for the future.

The sales from the products go into the research that is needed to create innovative solutions to mental health issues, which as a byproduct, also goes back into the products to make them continually more effective and safer. Furthermore, the MiindHealth programs through the Nootripure App will give us invaluable feedback and data to better create mental health solutions in the future. Being a customer of Nootripure is much more than just buying a product, you are improving the landscape of mental health for future generations.

# Our Research

Pioneering the future of mental health research.



The core of our research is invested into using integrative neuroscience to create practical solutions that resolve mental health issues. The end goal is to create our own medical center in which people will only have to pay for what is healed. If you bring your car to a mechanic, and after working on your car, the broken fuel injection system was working again, but only by 50%, you would want your money back right? The same should be true for health care. We live in a world where we have plenty of pills and procedures, but very few solutions (such as the new immunotherapy drug by Merck that replaces traditional chemotherapy). This is a true innovation and a real solution to cancer treatment. We hope that this solution oriented change by the medical industry will happen in the next 10 years; and we hope to be on the forefront of that change.

Right now we are working on engineering cannabinoid compounds for superior mind healing, creating electrical devices that can speed up fascia regeneration and neural integration of damaged tissue, and pharmaceutical combinations that improve efficacy, while reducing side effects of various medications used for the treatment of mental illnesses. These might sound like small steps, but the small things add up and we are on track to open the medical rehabilitation center in 2030. By this time, we should have the technology to do in weeks what would normally take many years. So please support our research and help the future of mental health for the world.

# Important Links

Where to go next on your journey.

## Member Signup

Click here to register as a member of the Nootripure Foundation and get all the added benefits of membership as well as access to the Nootripure University.

<https://nootripure.org/login>

## Nootripure University

Click here to access the University and get thousands of pieces of content written by industry professionals for free.

<https://nootripure.org/university>

## Products

Click here to check out the Nootripure products and see how they are helping people on their journey towards better mental wellness.

<https://nootripure.com>

## Donate

Click here to make a donation to support the outreach, research, and education efforts of the Nootripure Foundation.

<https://nootripure.org/donate>

## Facebook

Click here to check out community stories and updates about Nootripure

<https://facebook.com/nootripure>

## Instagram

Click here to view free mind health tips, information about nootropics and other cognitive enhancement substances, and how others are being impacted by the Nootripure mission.

<https://instagram.com/nootripure>